

A Resolution to Introduce a Mandatory Chess Program for Elementary School Students.

- 1 **WHEREAS**, Chess has many positive health benefits, a recent study in the Proceedings
2 of the National Academy of Sciences found that people who engage in
3 difficult puzzle games such as chess are 2.5 times less likely to develop
4 Alzheimer's in old age; and
- 5 **WHEREAS**, Dr. Albert Frank found that learning to play chess at a young age
6 strengthens verbal and numerical aptitudes; and
- 7 **WHEREAS**, A better educated next generation will allow for better competition with
8 other countries in the world on an intellectual level leading to an increased
9 economy; and
- 10 **WHEREAS**, A study by St. Mary's college of Maryland found that adding break times
11 that include fun activities for students significantly decreases off task
12 behavior and allows for a better learning experience throughout the day
13 and a mandatory chess program would be one of such breaks; therefore, be
14 it
- 15 **RESOLVED**, that the Student Congress here assembled should affirm the resolution to
16 introduce a mandatory chess program for elementary school students.

Introduced by ██████████ *Forest Lake*

Works to Begin Research

- Kerby, Amanda. "Effects of Breaks on Elementary School Students' Classroom Behaviors." N.p., n.d. Web. 25 Oct. 2012.
<<http://www.smcm.edu/educationstudies/pdf/rising-tide/volume-4/Amanda-Kerby-mrp.pdf>>.
- "Reading, Chess May Help Fight Alzheimer's." *ABC News*. ABC News Network, 04 Mar. 0000. Web. 25 Oct. 2012.
<<http://abcnews.go.com/Health/story?id=117588>>.